EMBED A PALLIATIVE APPROACH

A palliative approach takes principles of palliative care and
EMBEDS practices into usual care in settings that do not specialize in palliative care
ADOPTS them EARLY in the course of a person's life-limiting condition
ADAPTS strategies to meet patient and family needs

HOW CAN LEADERS EMBED A PALLIATIVE APPROACH?

Where?
In all settings, across the continuum of care

When?
Early in the course of a chronic life-limiting condition

Who?
Everyone working with people with life-limiting conditions

Enable support for early integration in and across settings
Mandate processes for patient and family perspectives to be sought and communicated
Build confidence and competence by interactional education, mentorship and peer support
Ensure access to resources, mentors and specialist palliative care teams
Dedicate time for providers to be involved in creating practical tools and processes for their setting

WHY?
In Canada, ~250,000 people die each year
Of these – 72% result from chronic life-limiting conditions such as organ failure, cancer, dementia, and frailty...
Most were cared for and died outside of specialized palliative care...
This means over 180,000 Canadians per year could benefit from a palliative approach


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