A palliative approach takes principles of palliative care and
ADOPTS them EARLY in the course of a person’s life-limiting condition
ADAPTS strategies to meet patient and family needs
EMBEDS practices into usual care in settings that do not specialize in palliative care

HOW?

A sk yourself: “Does this person have a life-limiting condition?”
"Would this person benefit from a palliative approach?”

D evelop an understanding of the illness course and where the person is along their journey.

O pen conversations with people and their families to gauge understanding of their illness, what is most important to them, and their preference for care.

A DOPT

P rioritize care - focus on what is important to people and their families

T ell people and their families about the illness and what can be expected in the future to inform their goals of care

WHY?

★ Aligns treatment decisions better with goals and wishes
★ Improves quality of life when preferences are known and respected
★ Reduces inappropriate or futile treatments
★ Encourages healthcare teams to “get on the same page” as the person and family
★ Supports communication and shared care planning among teams caring for the person
★ Gives team members permission to have conversations with the person and family about serious illness